

Understanding Evidence-Based Practice and Patient Reported Outcomes

EBP CEU Course
12:00 pm – 5:00 pm

July 21, 2018
DeSantis Building, SBEBG 3000

Course Description:

This course is designed to enhance the healthcare professionals' clinical expertise through the combination of Evidence Based Practice (EBP) and Patient Reported Outcomes (PRO). The application of EBP is essential in the constantly evolving world of sports medicine. Connecting PRO with EBP can enhance the foundation for optimal patient care. While basic concepts of EBP will be reviewed, the integration of this knowledge with PRO will be demonstrated in order to augment methods of clinical treatment. This course will also address how to organize various resources and previous patient outcomes into a well-developed treatment plan.

Course Objectives:

- State the history and need for Evidence-Based Practice in Athletic Training
- Describe and complete the 5 steps of Evidence-Based Practice
- Create a well-defined clinical question utilizing the PICO format
- Categorize and implement common Patient Reported Outcomes for Athletic Training Practice
- Explain resources to assist in Evidence-Based clinical practice

Course Faculty:

Sarah Manspeaker, PhD, LAT, ATC
Duquesne University, Pittsburgh, PA
Assistant Professor, Athletic Training

Kelley Henderson, EdD, LAT, ATC
Nova Southeastern University, Fort Lauderdale, FL
Assistant Professor, Athletic Training

Location:

DeSantis, SBEBG 3000
Sales Institute Grand Room
Nova Southeastern University
Fort Lauderdale, FL 33328

Contact:

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Fees:

NSU Preceptor/Alumni	\$25
Non-affiliated Professionals	\$50

To register, visit: https://secure.touchnet.net/C21175_ustores/web/classic/product_detail.jsp?PRODUCTID=5513

Agenda:

12:00 p.m. History and Need for Evidence-Based Practice
12:30 p.m. Constructing a Clinical Question Using the PICO Format
1:15 p.m. Break
1:30 p.m. Guided Discussion: Clinical Questions and the Role of Clinical Expertise
2:00 p.m. Existing Resources for Evidence
2:45 p.m. Introduction to Patient Reported Outcomes
3:15 p.m. Break
3:30 p.m. How to Implement Patient Reported Outcomes into Clinical Practice
5:00 p.m. Course Conclude



Nova Southeastern University (BOC AP# P3568) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 5 EBP Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.