

Nardia Aldridge
Nova Southeastern University
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Education

- MS, HOFSTRA UNIVERSITY, December 2007.
Major: GERONTOLOGY
- BS, CUNY-YORK COLLEGE, May 2002.
Major: OCCUPATIONAL THERAPY

Professional Positions

Professional

- DIRECTOR OF REHABILITATION, TOWNHOUSE CENTER FOR REHABILITATION AND NURSING. (August 2010 - July 2016).
DOR for a 280 bed Skilled Nursing Facility. Managed and directed the rehab dept. consisting of 17 full time employee and other prn staff. In addition, I educated physicians on the benefits of occupational therapy to all patients, taught proper body mechanics and energy conservation techniques to nursing personnel and presented information to rehab personnel on changes to Medicare/reimbursements.

Professional Memberships

- TOASTMASTERS INTERNATIONAL. (September 2016 - Present).
- FLORIDA OCCUPATIONAL THERAPY ASSOCIATION. (2016 - Present).
- PRESIDENT, SOUTH FLORIDA BLACK OCCUPATIONAL THERAPY CAUCUS. (2016 - Present).
- AMERICAN OCCUPATIONAL THERAPY ASSOCIATION. (2000 - Present).
- NATIONAL BLACK OCCUPATIONAL THERAPY CAUCUS. (2000 - Present).
- NEW YORK STATE OCCUPATIONAL THERAPY ASSOCIATION. (2000 - Present).
- PRESIDENT, NEW YORK STATE BLACK OCCUPATIONAL THERAPY CAUCUS. (2000 - July 15, 2016).

Development Activities Attended

- Webinar Training, "IPE Panel Presentation: Assessment of Interprofessional Practice," Interprofessional Education Collaborative. (September 20, 2017).
- Continuing Education Program, "Upper Limb Prosthetic Workshop," Hanger Clinic, Austin, TX, USA. (July 19, 2017).
- Workshop, "9th Annual Informational Summit," NSU Enrollment and Student Services. (July 18, 2017).

- Dissertation Defense, "Leadership Within Occupational Therapy: A Mixed Methods Study," NSU Health Science Program. (July 17, 2017).
- Conference Attendance, "10th Annual Interprofessional Geriatrics Training Institute," NSU College of Osteopathic Medicine. (July 7, 2017).
- Dissertation Defense, "The Lived-Experience of The Advanced Practice Provider on the Burn Surgery Service," NSU Health Science Program. (May 8, 2017).
- Workshop, "Refreshing Social Justice: Combatting Economic Inequality One Organic Meal at a Time," NSU COLLEGE OF ARTS, HUMANITIES, AND SOCIAL SCIENCES. (May 2, 2017).
- CAPE ACADEMY, "The Art and Science of Teaching and Learning," CAPE. (February 2017 - April 2017).
- Continuing Education Program, "The 7th Annual Community Project & Research Symposium," Region 7 South Florida Occupational Therapy Forum. (April 26, 2017).
- Dissertation Defense, "Effect of Slant Boards in Combination with Handwriting Practice," NSU OT DEPT. (April 24, 2017).
- Conference Attendance, "AOTA CONFERENCE & CENTENNIAL CELEBRATION," AOTA, Philadelphia, PA. (March 30, 2017 - April 2, 2017).
- Continuing Education Program, "Low Vision Rehabilitation: Assessment & Treatment Strategies for Older Adults," OccupationalTherapy.com, Houston, TX. (January 4, 2017).
- Continuing Education Program, "Meeting the Driving and Community Mobility Needs of Older Adults," OccupationalTherapy.com, Houston, TX. (January 4, 2017).
- Continuing Education Program, "Florida Occupational Therapy Laws and Rules," OccupationalTherapy.com, Houston, TX. (December 28, 2015).
- Continuing Education Program, "Prevention of Medical Errors," OccupationalTherapy.com, Houston, TX. (December 27, 2015).

Awards and Honors

- Certificate of Completion, Center for Academic and Professional Excellence. (August 18, 2017).
- Certificate of Appreciation, NSU Physical Therapy Department. (June 29, 2017).
- Certificate of Completion, REGION 7 SOUTH OCCUPATIONAL THERAPY FORUM. (April 26, 2017).
- Certificate of Appreciation, HPD MULTICULTURAL AFFAIRS COMMITTEE. (March 16, 2017).
- Certificate of Appreciation, DR. PAULA ANDERSON-WORTS. (December 2016).
- Celeste Pasley Merit Award, New York State Black Occupational Therapy Caucus (NYSBOTC). (June 21, 2016).

TEACHING

Teaching Experience

Nova Southeastern University

- OCT 6108, OT Practice III, 4 courses.
- OCT 6208, OT Rehab Practicum, 4 courses.

Academic Advising

- 0 undergraduate students advised, 7 graduate students advised, approximately 56 hours spent per year. (2017-2018).

Non-Credit Instruction

- Guest Lecture for Kinesiology. Guest Lecture, 52 participants. (September 27, 2017).
- Guest lecturer for Business of Physical Therapy Course Management in the Inpatient Setting. Guest Lecture. (June 29, 2017).
- Guest Lectured on ADLs and Mobility in the Summer I Impact on Environment Course. Guest Lecture, 50 participants. (May 24, 2017 - May 31, 2017).

CLINICAL PRACTICE

NSU Other Clinical Site

- PRN work at Sinai Residence (2017 - Present)

RESEARCH AND SCHOLARSHIP

Published Intellectual Contributions

Periodicals

- Aldridge, N. (2017). In Kurt K. Hubbard, PhD, OTD, OTR/L, FAOTA (Ed.), *South Florida Black Occupational Therapy on the Move* (SUMMER 2017 ed., pp. 22). Florida: FOCUS QUARTERLY NEWSLETTER.
<https://fota.memberclicks.net/assets/Newsletter/2017/Summer/17%2003%20summer%20fnl.pdf>

Presentations Given

- Aldridge, N. (Author & Presenter), Henry, J. (Author & Presenter), Esther, O. (Author & Presenter), Jackson, D. (Author & Presenter), AOTA Annual Conference & Expo, "Workforce Diversity in Occupational Therapy: Perspectives and Implications to Practice," AOTA, Salt Lake City, Utah. (April 21, 2018).
- Aldridge, N. (Author & Presenter), AOTA Annual Conference & Expo, "Adult Day Service Center: An Alternative to Skilled Nursing Facility?," AOTA, Salt Lake City, Utah. (April 19, 2018).

- Smith, K. (Author & Presenter), Lauer, A. (Author), Aldridge, N. (Author), Rone-Adams, S. (Author), APTA Combined Sections Meeting 2018, "About Town: A PT/OT Intra/Interprofessional community re-entry learning experience," APTA, New Orleans, LA. (February 15, 2018).
- Aldridge, N. (Presenter), Brown, L. (Author & Presenter), Laureano, N. (Author & Presenter), Faculty Meeting, "Jamaica Medial Mission," OT Department. (February 5, 2018).
- Rone-Adams, S. (Author & Presenter), Smith, K. (Author), Lauer, A. (Author), Aldridge, N. (Author), Second Interprofessional Simulation Conference: Simulation as a Tool to Promote Interprofessional Education and Practice, "About Town: Use of Low Fidelity Simulation for A PT/OT Intra/Interprofessional Community Re-entry Learning Experience," Emory University, Atlanta, GA. (November 14, 2017).
- Aldridge, N. (Author & Presenter), Jackson, D. (Author & Presenter), Henry, J. (Author & Presenter), FOTA Conference, "Diversity in occupational therapy: Perspectives and implications to educational and clinical practice," FOTA, Orlando, FL. (November 3, 2017).
- Aldridge, N. (Author & Presenter), FOTA Conference, "The Distinct Value of Occupational Therapy in Adult Day Service Centers (ADS)," FOTA, Orlando, FL. (November 3, 2017).
- Aldridge, N. (Author & Presenter), The Art and Science of Teaching and Learning, "Learning to Teach," CAPE, Nova Southeastern University. (April 18, 2017).
- Aldridge, N. (Author & Presenter), Faculty Meeting, "Jamaica Medial Mission," OT Department. (February 6, 2017).

SERVICE

Department Service

- Aldridge, N., Admisisions Review Team, Admissions. (September 2017 - Present).
Assist in reviewing applications and videos.

Health Professions Division Service

- Aldridge, N., Attendee, Meeting, Institute of Healthcare Improvement. (2017 - Present).
HPD Meeting to discuss strategies in improving health and health care and providing the best care possible.
- Aldridge, N., Committee Member, MULTICULTURAL AFFAIRS COMMITTEE. (January 2017 - Present).

University Service

- Aldridge, N., Committee Member, LIBRARY. (2017 - Present).

Community Service

- Aldridge, N., Medical Mission Participant, NSU. (December 2017 - Present).
Attended and served as preceptor for NSU occupational therapy students on the Medical Mission to Jamaica.
- Aldridge, N., Medical Mission Participant, NSU. (December 2016 - Present).
Attended and served as preceptor for NSU occupational therapy students on the Medical Mission

to Jamaica.

- Aldridge, N., Officer, President/Elect/Past, South Florida Black Occupational Therapy Caucus, Ft. Lauderdale, FL. (October 2016 - Present).
Preside at all meetings of the SFBOTC membership, unless delegated to the Vice-President and prepare the monthly agenda in collaboration with the board.