

Nardia A. Aldridge, Ph.D., OTR/L, DTM

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Professional Summary: Responsible and dedicated occupational therapist, educator, and leader with over 20 years of experience and a proven track record.

Education

- Ph.D., Walden University, May 2020
Major: Health Services
Supporting Areas of Emphasis: Health Care Administration
Dissertation Title: Predictive Factors of Determinants of Health and Services Provided at Adult Day Service Centers
<https://scholarworks.waldenu.edu/dissertations/8664>
- MS, Hofstra University, December 2007
Major: Gerontology
- BS, CUNY-York College, May 2002
Major: Occupational Therapy

Licensure and Certification

- Board Certified Telepractice Specialist, International Board of Credentialing and Continuing Education Standards. (May 6, 2020 - Present)
- Occupational Therapy, Department of Health Division of Medical Quality Assurance. (January 17, 2017 - February 28, 2023)
- Occupational Therapy, The University of the State of New York Education Department of the Professions. (February 25, 2003 - January 31, 2023)

Professional Positions

Academic - Post-Secondary

- **Associate Professor**, Nova Southeastern University. (July 1, 2021 - Present)
 - *Educate MOT students and contributes to our high graduation and retention rates
 - *Teaches the adult Assessment and Intervention course
 - *Teaches Research Practicum
 - *Serves on various committees within the Department, College, and University.
 - *Course development for the OTD program
 - *Teach Occupation and Participation throughout the Lifespan

- **Assistant Professor**, Nova Southeastern University. (January 3, 2017 - June 30, 2021)
 - *Educate MOT students and contributes to our high graduation and retention rates
 - *Teaches the adult Assessment and Intervention course
 - *Teaches Research and Research Practicum
 - *Serves on various committees within the Department, College, and University
- **Adjunct Professor**, Nova Southeastern University. (August 22, 2016 - December 31, 2016).

Teach Adult and Older Adults Interventions in Occupational Therapy course to graduate students. Strengthen graduate students' problem-solving and decision-making skills by providing rigorous coursework and activities.

Military

- **Staff Sergeant**, United States Army. (April 1995 - April 2004).

Served as a personnel service manager. Supervised and led a group of 30 soldiers

 - *Maintained USAR soldiers' Records
 - *Filed and prepared strength reports
 - *Published orders and any other clerical activities in support of the USAR
 - *Coordinated with units, when necessary, on issues pertaining to the USAR
 - *Prepared correspondence as necessary when directed by the supervisory chain of supervision command.
 - *Reviewed all application vacancy packets for qualification and eligibility.
 - *Ensured new personnel were assigned to legitimate UMR positions.
 - *Conducted personnel records screening of newly arrived and assigned soldiers.
 - *Instructed soldiers on common core tasks.
 - *Counseled soldiers about their benefits and responsibilities to the U.S. Army
 - *Assisted soldiers with skills, knowledge, and attitudes.
 - *Provided training recommendations for unit training.

Professional/Clinical

- **Director of Rehabilitation**, Townhouse Center for Rehabilitation and Nursing. (August 2010 - July 2016).

Served as Director of Rehabilitation for a 280-bed Skilled Nursing Facility. Managed and directed the rehab department consisting of 17 full-time employees and other prn staff (total staff of 60). In addition, I educated physicians on the benefits of occupational therapy to all patients, taught proper body mechanics and energy conservation techniques to nursing personnel, and presented information to rehab personnel on changes to Medicare/reimbursements.

 - *Developed meaningful and progressive treatment plans to help patients attain their short-term and long-term goals.
 - *Evaluated and treated patients with medically complex, orthopedic, neurological, pulmonary, and cardiac diagnoses.
 - *Collaborated with various medical units (Vent/Trach, Dementia, Short Term

Rehab, and Long-Term Care) in fulfilling treatment and rehabilitation plans.

- *Instructed caregivers in using assistive devices and how to assist with exercise programs to maximize patient recovery.
- *Leads an in-house therapy program at an active 280-bed subacute facility.
- *Management of individual and group treatments and verbal and written communication of patient progress and needs.
- *Management of the rehab department - 60 Physical Therapists, Occupational Therapists, Speech-Language Pathologists, and support staff/students and volunteers.
- *Created and maintained policies and procedures, hired, reviewed staff performance, and maintained patient satisfaction.
- *Regulated RUG levels and monitored employee productivity standards.
- *Collaborated with the multidisciplinary team.
- *Attended facility meetings, maintained the budget, met financial requirements and program development.

- **Occupational Therapy Supervisor**, Apex Rehabilitation & Care Center. (March 2008 - August 2010).
 - *Completed written evaluations, including recommendations for wheelchair positioning.
 - *Supervised treatments provided by COTA/OTA and students.
 - *Organized and planned assignments and note-writing schedules for therapists.
 - *Tracked insurance coverage and daily stats.
 - *Ordered adaptive equipment
 - *Planned and executed activities of Occupational Therapy Month to increase awareness of Occupational Therapy
- **Occupational Therapy Supervisor**, Townhouse Center for Rehabilitation and Nursing. (January 2005 - March 2008).
 - *Planned, directed, and managed all aspects of the Occupational Therapy Department
 - *Provided direct supervision of COTA, Students, Volunteers, and Rehab Aide
 - *Evaluated residents, designed and implemented treatment plans
 - *Structured care plan and discharge planning.
 - *Screened residents as required by Medicare and MDS
 - *Consulted with physicians, outside vendors, nursing staff, and administration
 - *Provided ongoing staff in-service training programs
- **Occupational Therapist**, Kings Harbor MultiCare Center. (October 2003 - December 2004).
 - *Evaluated and treated inpatient and outpatient clients
 - *Performed positioning evaluations on all clients
 - *Documented client's status on evaluations, progress reports, discharge summaries, and MDS

- **Occupational Therapist**, Lawrence Nursing Care Center. (March 2003 - September 2003).
 - *Evaluated and treated patients with various diagnoses.
 - *Documented services rendered.
 - *Completed MDS.
 - *Supervised COTA
 - *Completed Wheelchair positioning assessments

TEACHING

Teaching Experience

Nova Southeastern University

- OCT 6108, O.T. Practice III, 12 courses
- OCT 6175, Research, 3 courses
- OCT 6176, Research Practicum, 3 courses
- OCT 6208, O.T. Rehab Practicum, 12 courses

Academic Advising

- 13 graduate students advised (2021-2022)
- 18 graduate students advised (2020-2021)
- 16 graduate students advised (2019-2020)
- 17 graduate students advised (2018-2019)
- 7 graduate students advised (2017-2018)

Non-Credit Instruction

- Demonstrates active, ongoing participation with novice faculty through weekly meetings with identified goals/objectives. These adjuncts can now teach independently—*Mentorship of novice Adjunct Faculty*. (August 2019 - Present).
- Peer Review instrument to engage students in thoughtful and constructive self and peer evaluation. *Peer Review Instrument*. (August 2019 - Present).
- Students are asked to use the muddiest point approach to reflect on the information covered that week and provide recommendations to improve the course. The information is then reviewed with the students the following week before new content is taught. Students have found this beneficial as they can benefit from some of the changes immediately rather than wait until the end of the semester—*Program Outcome Measure*. (August 2018 - Present).
- Students are assigned clients in the community, and they work with the client throughout the semester. This involves obtaining an occupational profile, completing assessment tools, developing goals and interventions, implementing the interventions, and discharging their client. During this time, the students are asked

to document their critical reasoning and reflect on the therapeutic use of self: *Case Study to Facilitate Critical Thinking and Self Reflection*, 27 participants. (August 2016 - Present).

- Guest lecturer for Business of Physical Therapy Course Management in the Inpatient Setting. 50 participants (June 26, 2018)
- Guest Lecture for Lifespan OCT 5011.52 participants (March 12, 2018)
- Guest Lecture for Kinesiology OCT 5800. 52 participants (September 27, 2017)
- Guest lecturer for Business of Physical Therapy Course Management in the Inpatient Setting. 50 Participants (June 29, 2017).
- Guest Lectured on ADLs and Mobility in the Summer I Impact on Environment Course (OCT 5015). 50 participants (May 24, 2017 - May 31, 2017)

Directed Student Learning

- Supervised Research. ***Exploring Systemic Racism Through Occupational Therapy Academic Content On The Doing, Being, Becoming and Belonging of Black Occupational Beings*** (January 3, 2022 - Present).
Advised: Ivanie Carswell, Sierra Green, Chloe Hill, Victoria Madera, Lillian Maglaris-Gabaldon, Cassandra Oladunni
- Supervised Research. ***Exploring Systemic Racism Through Occupational Therapy Academic Content On The Doing, Being, Becoming and Belonging of Black Occupational Beings*** (August 23, 2021 - December 3, 2021).
Advised: Ivanie Carswell, Sierra Green, Chloe Hill, Victoria Madera, Lillian Maglaris-Gabaldon, Cassandra Oladunni
- Supervised Research. . ***Exploring Systemic Racism Through Occupational Therapy Academic Content On The Doing, Being, Becoming, and Belonging of Black Occupational Beings*** (January 2, 2021 - May 7, 2021).
Advised: Emily Chapman, Darwin Colebrook, Janay Gordon, Tori Hammond, Daniela Mahecha, Sean Mathieu, Jordan Watson
- Supervised Research. . ***Exploring Systemic Racism Through Occupational Therapy Academic Content On The Doing, Being, Becoming, and Belonging of Black Occupational Beings*** (August 2020 - December 2020).
Advised: Emily Chapman, Darwin Colebrook, Alexander Gordon, Janay Gordon, Tori Hammond, Daniela Mahecha, Sean Mathieu, Jordan Watson
- Supervised Research. ***The Lived Experiences of Occupational Therapy Students Engaged in an International Service Learning Trip in Jamaica*** (January 2020 - May 2020).

Advised: Alexa Auger, Ashley Blakemore, Jacqueline Castellanos, Shelley Chernin, Amanda Del Pozzo, Huntyre Elling, Rachel Iserson, Madison Lively, Logan McFoy, Lauren Piccione, Breana Salandra, Kruti Shah

- Supervised Research. ***The Lived Experiences of Occupational Therapy Students Engaged in an International Service Learning Trip in Jamaica*** (August 2019 - December 2019).

Advised: Alexa Auger, Ashley Blakemore, Jacqueline Castellanos, Shelley Chernin, Amanda Del Pozzo, Huntyre Elling, Rachel Iserson, Madison Lively, Logan McFoy, Lauren Piccione, Breana Salandra, Kruti Shah

RESEARCH AND SCHOLARSHIP

Published Intellectual Contributions

Dissertation

- Aldridge, N. A. (2020). *Predictive factors of determinants of health and services provided at adult day service centers.*
<https://scholarworks.waldenu.edu/dissertations/8664>

Presentations Given

Invited

- Aldridge, N. A. (Presenter), Becoming A Culturally Responsive O.T.: Black History Month and Beyond, "Becoming A Culturally Responsive O.T.," Pi Theta Epsilon and Student Occupational Therapy Association at FIU (February 17, 2022).
- Aldridge, N. A. (Leader), Mahecha, D. (Author & Presenter), Chapman, E. (Author & Presenter), Colebrook, D. (Author & Presenter), Mathieu, S. (Author & Presenter), FOTA 2021 Conference, "Exploring Systemic Racism Through Occupational Therapy Academic Content," Florida Occupational Therapy Association (November 13, 2021).
- Aldridge, N. A. (Author & Presenter), Johnson, A. (Author & Presenter), Richardson, K. (Author & Presenter), FOTA 2021 Conference, "Stepping Into Academia As A Black Occupational Therapy Practitioner," Florida Occupational Therapy Association (November 13, 2021).
- Aldridge, N. A. (Author & Presenter), Green, S. (Author & Presenter), Hill, C. (Author & Presenter), Oladunni, C. (Author & Presenter), Carswell, I. (Author & Presenter), NYSOTA 2021 Conference, "Exploring Systemic Racism Through Occupational Therapy Academic Content," New York State Occupational Therapy Association (NYSOTA), Virtual. (November 13, 2021).
- Aldridge, N. A. (Author & Presenter), Green, S. (Author & Presenter), Hill, C.

(Author & Presenter), The Association of Caribbean Occupational Therapists 15th Biennial Scientific Conference, "Exploring Systemic Racism Through Occupational Therapy Academic Content," Cayman Islands Occupational Therapy Association (October 8, 2021).

- Aldridge, N. A. (Author & Presenter), Pre-Health Shadowing, "Occupational Therapy," Pre-Health Shadowing. (May 5, 2021).
- Aldridge, N. A. (Presenter), Knoeferl, H. (Presenter), Schaeffer, M. (Presenter), CBHS Allied Health Assisting Students, "Occupational Therapy," Cypress Bay High School November 20, 2020).

Accepted

- Smith, K. B. (Author & Presenter), Stav, W. B., Aldridge, N. A. (Author & Presenter), Margonis, R. (Author & Presenter), Blaylock, S. (Author & Presenter), NEXUS Summit 2020, "Preparing P.T. and O.T. Student for Interprofessional Collaborative Practice," National Center for Interprofessional Practice and Education, Virtual. (August 6, 2020).
- Smith, K. B. (Author & Presenter), Aldridge, N. A. (Author), Blaylock, S. E. (Author & Presenter), Margonis, R. (Author), Kodish Stav, J., NEXUS Summit2020: Retaining the Vital Focus on Optimizing The Interprofessional Clinical Learning Environments: Better Care, Better Value, Better Education, "Preparing P.T. and O.T. Students for Interprofessional Collaborative Practice," NEXUS, Virtual. (August 6, 2020).
- Aldridge, N. A., Graduate Research Presentations and Pinning Ceremony, "Never Give Up!" CUNY York College, Jamaica, NY. (December 11, 2019).
- Aldridge, N. A. (Author & Presenter), Soontupe, L. (Author & Presenter), Smikle, C. E. (Author & Presenter), Morris, M. (Author & Presenter), Koplrow, S. M. (Author & Presenter), Berryhill, I. M. (Author & Presenter), Blaylock, S. E. (Author & Presenter), Swann, E. (Author & Presenter), Nursing Consortium of South Florida Conference, "Reducing Risk of Falls: An Interprofessional Learning Experience for Bachelor of Science in Nursing and Master of Occupational Therapy Students." (November 15, 2019).
- Smith, K. B., Blaylock, S. E., Aldridge, N. A., Margonis, R. (Author), 2019 ASAHP Annual Conference, "Around Town: A Simulated Community Reintegration Interprofessional Learning Experience," Association of Schools of Allied Health Professions, Charleston, South Carolina. (October 17, 2019).
- Aldridge, N. A. (Author & Presenter), Henry, J. (Author & Presenter), Esther, O. (Author & Presenter), Jackson, D. (Author & Presenter), AOTA Annual Conference & Expo, "Addressing Culture and Diversity in Context: Implications to O.T. Practice," AOTA, New Orleans, LA. (April 5, 2019).

- Aldridge, N. A. (Author & Presenter), Perez, A. M. (Author & Presenter), The 2018 Occupational Therapy Continuing Education Event, "Helping Our Patient Through the End of Their Lives: A Clinical, Ethical, and Legal Update," NSU OT Dept., Ft. Lauderdale, FL. (December 1, 2018).
- Aldridge, N. A. (Author & Presenter), Jackson, D. (Author), Henry, J. (Author), Ojo, E. (Author), NYSOTA Conference, "Diversity and Inclusion: Implications for the Clinic and the Classroom," New York State Occupational Therapy Association, New York. (November 2018).
- Hutchinson, C. (Author & Presenter), Aldridge, N. A. (Author & Presenter), Roseus, Y. (Author & Presenter), NYSOTA Conference, "Health Literacy: Impact on Treatment Outcomes and the Bottom Line," New York State Occupational Therapy Association, New York. (November 2018).
- Aldridge, N. A. (Author & Presenter), Sanders-Woods, L. (Author & Presenter), FOTA Conference, "Adult Day Service Center: A Viable Long-Term Care and Level II Fieldwork Option," FOTA, Orlando, FL. (October 2018).
- Aldridge, N. A. (Author & Presenter), Jackson, D. (Author & Presenter), Henry, J. (Author), Ojo, E. (Author), FOTA Conference, "Implicit Bias: Educational and Professional Implications for Application to Occupational Therapy Practice," FOTA, Orlando, FL. (October 2018).
- Smith, K. B. (Author & Presenter), Aldridge, N. (Author & Presenter), Education Leadership Conference, "Around Town: A simulated community reintegration interprofessional learning experience," APTA, APTE, ACAPT, Jacksonville, Florida. (October 12, 2018).
- Aldridge, N. A. (Author & Presenter), International Forum on Quality and Safety in Healthcare 2018, "Adult Day Services: A Viable Long-Term Care Option," Institute for Healthcare Improvement, Melbourne, Australia. (September 2018).
- Aldridge, N. A. (Author & Presenter), Henry, J. (Author & Presenter), Esther, O. (Author & Presenter), Jackson, D. (Author & Presenter), AOTA Annual Conference & Expo, "Workforce Diversity in Occupational Therapy: Perspectives and Implications to Practice," AOTA, Salt Lake City, Utah. (April 21, 2018).
- Aldridge, N. A. (Author & Presenter), AOTA Annual Conference & Expo, "Adult Day Service Center: An Alternative to Skilled Nursing Facility?" AOTA, Salt Lake City, Utah. (April 19, 2018).
- Aldridge, N. A. (Author & Presenter), Mayi, B. (Author & Presenter), Worley, M. (Author & Presenter), Interprofessional Education Day 2018, "Antimicrobial stewardship on the hospital ward," NSU, Davie Campus. (March 19, 2018).

- Smith, K. B. (Author & Presenter), Lauer, A. (Author), Aldridge, N. A. (Author), Rone, S. A. (Author), APTA Combined Sections Meeting 2018, "About Town: A PT/OT Intra/Interprofessional community re-entry learning experience," APTA, New Orleans, LA. (February 15, 2018).
- Aldridge, N. (Presenter), Brown, L. (Author & Presenter), Laureano, N. (Author & Presenter), Faculty Meeting, "Jamaica Medical Mission," O.T. Department. (February 5, 2018).
- Rone, S. A. (Author & Presenter), Smith, K. B. (Author), Lauer, A. (Author), Aldridge, N. A. (Author), Second Interprofessional Simulation Conference: Simulation as a Tool to Promote Interprofessional Education and Practice, "About Town: Use of Low Fidelity Simulation for A PT/OT Intra/Interprofessional Community Re-entry Learning Experience," Emory University, Atlanta, GA. (November 14, 2017).
- Aldridge, N. A. (Author & Presenter), Jackson, D. (Author & Presenter), Henry, J. (Author & Presenter), FOTA Conference, "Diversity in occupational therapy: Perspectives and implications to educational and clinical practice," FOTA, Orlando, FL. (November 3, 2017).
- Aldridge, N. A. (Author & Presenter), FOTA Conference, "The Distinct Value of Occupational Therapy in Adult Day Service Centers (ADS)," FOTA, Orlando, FL. (November 3, 2017).
- Aldridge, N. (Author & Presenter), The Art and Science of Teaching and Learning, "Learning to Teach," CAPE, Nova Southeastern University. (April 18, 2017).
- Aldridge, N. (Author & Presenter), Faculty Meeting, "Jamaica Medical Mission," O.T. Department. (February 6, 2017).

Media Contributions

YouTube

- Women's History Month Conversation with Dr. Nardia Aldridge. (March 20, 2021). In honor of Women's History Month, Hashtag DebTalk, LLC., celebrates everyday women whose lives have positively affected those around them. <https://youtu.be/H4k8VhIST6c>
- Exploring Systemic Racism Through Occupational Therapy Content. (October 8, 2021). <https://youtu.be/btT1pyNSwE>

Newspaper

- 'A place for me': Tahti's Social Club, where Caribbean people 55+ can mix and mingle. **Sun Sentinel** (December 4, 2021)

Contracts, Grants and Sponsored Research

Grant

- Smith, K. B. (Principal), Aldridge, N. A. (Co-Principal), Stav, W. B. (Supporting), "Preparing P.T. and O.T. Students for Interprofessional Collaborative Practice." Sponsored by CHCS Nova Southeastern University, Nova Southeastern University, \$4,916.00. (July 2018 - June 2021).

Intellectual Contributions in Submission

Refereed Journal Articles

- Smith, K. B., Stav, W. B., Aldridge, N. A., Blaylock, S. E., Margonis, R. Preparing physical and occupational therapy students for interprofessional collaborative practice. *Journal of Interprofessional Care*.

SERVICE

Department Service

- Aldridge, N. A., Committee Chair, CSP. (October 2018 - Present).
- Aldridge, N. A., Admissions Video Essay Review Team, Admissions. (September 2017 - Present).
Assist in reviewing applications and videos.
- Aldridge, N., Bloch, E. M., Faculty Advisor, Ethics Bowl 2020. (January 5, 2020 - February 27, 2020).
Faculty Mentor for O.T. team for HPD Ethics Bowl. Mentored by Dr. Aldridge, who served as faculty mentor last year.

College Service

- Aldridge, N. A., Committee Member, Diversity and Inclusion Faculty Committee. (April 2019 - Present).
- Gaikwad, S. B., Aldridge, N. A., Rone, S. A., Program Organizer, Mobility Fair 2019. (July 13, 2019).
On July 13, 2019, in collaboration with Hanger Clinic, Ottobock, and Occupational Therapy Department, the Physical Therapy Department of College of Health Care Science organized the 2nd Mobility Fair at Nova Southeastern University, Fort Lauderdale Campus. This event was organized to provide health screening opportunities for community-dwelling amputees of South Florida.
- Gaikwad, S. B., Aldridge, N. A., Rone, S. A., Program Organizer, Mobility Fair. (July 13, 2019).
In collaboration with Hanger Clinic and several other vendors (see flyer), the Occupational Therapy Department & the Physical Therapy Department of

College of Health Care Science organized a Mobility Fair 2019 at Nova Southeastern University, Fort Lauderdale Campus. This event was organized to provide South Florida community-dwelling amputees health screening opportunities.

- Gaikwad, S. B., Aldridge, N. A., Rone, S. A., Program Organizer, Mobility Fair 2018. (June 16, 2018).
On June 16, 2018, in collaboration with Hanger Clinic, Ottobock, and Occupational Therapy Department, the Physical Therapy Department of College of Health Care Science organized Mobility Fair 2018 at Nova Southeastern University, Fort Lauderdale Campus. This event was organized to provide South Florida community-dwelling amputees health screening opportunities.

Health Professions Division Service

- Aldridge, N. A., Attendee, Meeting, Institute of Healthcare Improvement. (November 2017 - Present).
HPD Meeting to discuss strategies to improve health and health care and provide the best care possible.
- Aldridge, N. A., Judge for Ethics Bowl, Multicultural Affairs Committee. (March 2017 - Present).
- Aldridge, N. A., Committee Member, Multicultural Affairs Committee. (January 2017 - Present).
- Bloch, E. M., Aldridge, N., Blaylock, S., Faculty Mentor, Ethics Bowl Mentor. (January 2020 - February 27, 2020).
Mentored and trained O.T. student team for ethics bowl 2020
- Aldridge, N. A., Guest Speaker, Interprofessional Education Day 2018: AmS on the hospital ward IPE. (March 19, 2018).
Provided an accurate understanding of health professional roles and responsibilities in Acute Care. Educated students about the role of Occupational Therapy in Acute Inpatient setting while promoting mutual respect and professionalism.

University Service

- Aldridge, N. A., Committee Member, Library. (January 2017 - Present).

Professional Service

- Aldridge, N. A., Reviewer, Conference Paper, AOTA. (July 2019).
Reviewed 20 proposals to determine the quality of content for the conference in the area of Academic Education
- Aldridge, N. A., Reviewer, Book, Wolters Kluwer. (March 25, 2019).

Reviewed the Second Edition of Orthotic Intervention for the Hand and Upper Extremity by MaryLynn Jacobs and Noelle Austin

- Aldridge, N. A., Reviewer, Conference Paper, AOTA. (July 2018).
Reviewed 7 proposals for the conference in the area of Technology.

Community Service

- Aldridge, N. A., Officer, President/Elect/Past, Toastmasters International-Shark Tank Toastmasters, Fort Lauderdale, Florida. (January 29, 2021 - Present).
Founded and Mentored Shark Tank Toastmasters for all NSU employees in January of 2021 with a membership of 25 members. Two of our members were able to advance to division-level contests.
- Aldridge, N. A., Medical Mission Participant, NSU. (December 2016 - Present).
Attended and served as a preceptor for NSU occupational therapy students on the Medical Mission to Jamaica. Since 2016, 24 O.T. students have been on the trip and treated over 300 participants each year. Mentored 2 O.T. faculty and 1 P.T. faculty for the trip.
- Aldridge, N. A., Officer, President/Elect/Past, South Florida Black Occupational Therapy Caucus, Ft. Lauderdale, FL. (October 2016 - Present).
Preside at all meetings of the SFBOTC membership, unless delegated to the Vice-President, and prepare the monthly agenda in collaboration with the board.
- Aldridge, N. A., Officer, President/Elect/Past, Toastmasters International-Club Awesome Toastmasters, Coral Springs, FL. (September 2016 - Present).
- Aldridge, N. A., Associate Advisor/Brother, Boy Scouts of America, Coral Springs, FL. (2016 - Present).

Professional Memberships

- President and Founder of Shark Tank Toastmasters. (January 29, 2021 - Present).
- President, Vice President of Education, Vice President of Membership, Treasurer, Secretary of Club Awesome Toastmasters. (September 2016 - Present).
- Member, Florida Occupational Therapy Association. (2016 - Present).
- President, South Florida Black Occupational Therapy Caucus. (2016 - Present).
- Member, American Occupational Therapy Association. (2000 - Present).
- Member, National Black Occupational Therapy Caucus. (2000 - Present).
- Member, New York State Occupational Therapy Association. (2000 - Present).

- Area Director, Toastmasters International. (July 1, 2020 - June 30, 2021).
- Member, New York State Black Occupational Therapy Caucus. (2000 – Present)
- President, New York State Black Occupational Therapy Caucus. (2000 - July 15, 2016).

Awards and Honors

- Area Director of the Year, Toastmasters International. (March 5, 2022).
- Area Director Recognition Award, Toastmasters International. (March 5, 2022).
- Most Outstanding Area Director, Toastmasters International. (March 5, 2022).
- Certificate of Recognition, New York State Occupational Therapy Association (NYSOTA). (November 13, 2021).
- Certificate of Appreciation, Broward College and TRIO. (November 8, 2021).
- Distinguished Toastmaster Award, Toastmasters International. (August 31, 2021).
- Mentor of Shark Tank Toastmaster, Toastmasters International. (July 30, 2021).
- Charter Member of Shark Tank Toastmasters, Toastmasters International. (January 29, 2021).
- Certificate of Recognition, Pallavi Patel College of Health Care Sciences. (August 19, 2020).
- Certificate of Appreciation, HPD Multicultural Affairs Committee. (February 27, 2020).
- Brotherhood Membership, Order of the Arrow, BSA. (January 11, 2020).
- Certificate of Appreciation, Dr. Paula Anderson-Worts. (December 2019).
- Second Place Poster Presentation Winner, Association of Schools Advancing Health Professions. (2019).
- Distinguished Alumni Award, York College Occupational Therapy Department. (December 11, 2019).
- Certificate of Appreciation, HPD Multicultural Affairs Committee. (March 27, 2019).

- The National Society of Leadership and Success, Walden University. (March 12, 2019).
- Certificate of Appreciation, Dr. Paula Anderson-Worts. (December 2018).
- Golden Key International Honour Society, Walden University. (May 4, 2018).
- Certificate of Appreciation, HPD Multicultural Affairs Committee. (April 4, 2018).
- Certificate of Completion, Toastmasters International. (November 28, 2017).
- Certificate of Completion, Center for Academic and Professional Excellence. (August 18, 2017).
- Certificate of Appreciation, NSU Physical Therapy Department. (June 29, 2017).
- Certificate of Appreciation, HPD Multicultural Affairs Committee. (March 16, 2017).
- Certificate of Appreciation, Dr. Paula Anderson-Worts. (December 2016).
- Celeste Pasley Merit Award, New York State Black Occupational Therapy Caucus (NYSBOTC). (June 21, 2016).

Development Activities Attended

- CAPE Academy, "Conflict Prevention and Management," NSU CAPE. (February 4, 2022 - April 1, 2022).
- CAPE Academy, "Leadership and Management Course," NSU CAPE. (September 24, 2021 - December 8, 2021).
- Continuing Education Program, "Enhance Your Online Courses with Virtual Patient Experiences," ICE learning Center-International Clinical Educators, Inc. (August 18, 2020).
- Continuing Education Program, "Utilizing ICE Videos Throughout the Curriculum," ICE learning Center-International Clinical Educators, Inc. (August 18, 2020).
- Continuing Education Program, "Recognizing the Person in Case-Based Learning," ICE learning Center-International Clinical Educators, Inc. (August 11, 2020).
- Continuing Education Program, "Teaching in the Blend Flex Model," Nova Southeastern University, United States. (August 6, 2020).

- Continuing Education Program, "Improving Student Documentation Skills Using ICE Videos," ICE learning Center-International Clinical Educators, Inc. (August 4, 2020).
- Continuing Education Program, "Create a Virtual Patient Experience Using the ICE Video Library," ICE learning Center-International Clinical Educators, Inc. (July 28, 2020).
- Workshop, "Navigating the New Normal, Character in Leadership, Conflict Resolution, 21st Century Communication Skills, Creativity & Innovation," Transformational Consulting Grouping. (July 25, 2020).
- Continuing Education Program, "Tools for Teaching Observation with Learning Activities & Practice Labs," ICE learning Center-International Clinical Educators, Inc. (July 21, 2020).
- Continuing Education Program, "Dynamic Observation: The Key to Critical Thinking and Clinical Reasoning," ICE learning Center-International Clinical Educators, Inc. (July 14, 2020).
- Continuing Education Program, "Inspiring Clinical Excellence™ in Today's Students," ICE learning Center-International Clinical Educators, Inc. (July 7, 2020).
- Continuing Education Program, "Board Certified Telepractice Specialist," The International Board of Credentialing and Continuing Education Standards. (May 6, 2020).
- Faculty Development Course, "The Science of How Learning Works," University of Missouri, St. Louis, Missouri, USA. (June 1, 2019 - July 5, 2019).
- Continuing Education Program, "Advanced Prosthetic Symposium: Prosthetics and Successful Rehabilitation of the Upper Limb Amputee," Hanger Clinic, Austin, TX, USA. (May 14, 2019).
- Lunch and Learn, "Closing the Gap between Diversity and Inclusion," NSU Office of Professional Development and Education. (May 13, 2019).
- Self-Study Program, "NCHS RDC Confidentiality Orientation Course," NCHS RDC. (May 1, 2019).
- Workshop, "Therapeutic Ultrasound & Electrical Stimulation," JVB Enterprise, Ft. Lauderdale, FL, USA. (April 13, 2019 - April 14, 2019).
- Conference Attendance, "2019 AOTA Annual Conference & Expo," AOTA, New Orleans, LA. (April 3, 2019 - April 7, 2019).
- Continuing Education Program, "Rehabilitation for Parkinson's Disease," Summit

Professional Education, West Palm Beach, FL, USA. (March 17, 2019).

- Continuing Education Program, "Growing the Next Century of Occupational Therapies in Southern Soil: Expanding the Anderson Legacy Beyond the USA," NSU Occupational Therapy Department, Ft. Lauderdale, FL, USA. (March 1, 2019).
- Continuing Education Program, "Shoulder Disorders," Summit Professional Education, Boca Raton, FL, USA. (February 24, 2019).
- Continuing Education Program, "Managing Edema and Lymphedema," Summit Professional Education, West Palm Beach, FL, USA. (February 16, 2019).
- Continuing Education Program, "Dementia Care," Summit Professional Education, Ft. Lauderdale, FL, USA. (February 1, 2019).
- Continuing Education Program, "Evidence-Based Rehab Strategies for Joint Replacement," Summit Professional Education, West Palm Beach, FL, USA. (January 20, 2019).
- Continuing Education Program, "2018 Occupational Therapy Continuing Education Event," NSU Occupational Therapy Department, Ft. Lauderdale, FL, USA. (December 1, 2018).
- Conference Attendance, "FOTA Annual Conference," FOTA, Orlando, FL. (October 26, 2018 - October 27, 2018).
- Conference Attendance, "International Forum on Quality and Safety in Healthcare 2018," IHI, Melbourne, Australia. (September 10, 2018 - September 12, 2018).
- Continuing Education Program, "Acute and ICU Rehab," Summit Professional Education, Ft. Lauderdale, FL, USA. (July 6, 2018).
- Continuing Education Program, "Supporting Defensible, Value-Based Medicare Documentation: Effective Skilled Documentation Practices for Part A and B Medicare Services," Summit Professional Education, Ft. Lauderdale, FL, USA. (June 2, 2018).
- Continuing Education Program, "AMPOWER: Working Hand in Hand with your healthcare team for a successful upper limb prosthetic fitting," Hanger Clinic, Tacoma, WA, USA. (May 15, 2018).
- Self-Study Program, "Good Clinical Practice," CITI. (May 15, 2018).
- Self-Study Program, "Human Research," CITI. (May 14, 2018).
- Continuing Education Program, "The 8th Annual Community Project & Research

- Symposium," Region 7 South Florida Occupational Therapy Forum. (April 24, 2018).
- Conference Attendance, "2018 AOTA Annual Conference & Expo," AOTA, Salt Lake City, UT. (April 19, 2018 - April 22, 2018).
 - Continuing Education Program, "Stroke Rehabilitation: Attempting to Connect Philosophy, Evidence, and Practice," NSU Occupational Therapy Department. (March 2, 2018).
 - Continuing Education Program, "Social and Legislative Forum," NSU Occupational Therapy Department. (November 15, 2017).
 - Webinar Training, "IPE Panel Presentation: Assessment of Interprofessional Practice," Interprofessional Education Collaborative. (September 20, 2017).
 - Continuing Education Program, "Upper Limb Prosthetic Workshop," Hanger Clinic, Austin, TX, USA. (July 19, 2017).
 - Workshop, "9th Annual Informational Summit," NSU Enrollment and Student Services. (July 18, 2017).
 - Dissertation Defense, "Leadership Within Occupational Therapy: A Mixed Methods Study," NSU Health Science Program. (July 17, 2017).
 - Conference Attendance, "10th Annual Interprofessional Geriatrics Training Institute," NSU College of Osteopathic Medicine. (July 7, 2017).
 - Dissertation Defense, "The Lived-Experience of The Advanced Practice Provider on the Burn Surgery Service," NSU Health Science Program. (May 8, 2017).
 - Workshop, "Refreshing Social Justice: Combatting Economic Inequality One Organic Meal at a Time," NSU COLLEGE OF ARTS, HUMANITIES, AND SOCIAL SCIENCES. (May 2, 2017).
 - CAPE ACADEMY, "The Art and Science of Teaching and Learning," CAPE. (February 2017 - April 2017).
 - Continuing Education Program, "The 7th Annual Community Project & Research Symposium," Region 7 South Florida Occupational Therapy Forum. (April 26, 2017).
 - Dissertation Defense, "Effect of Slant Boards in Combination with Handwriting Practice," NSU OT DEPT. (April 24, 2017).
 - Conference Attendance, "2017 AOTA Annual Conference & Centennial

Celebration," AOTA, Philadelphia, PA. (March 28, 2017 - April 2, 2017).

- Continuing Education Program, "Low Vision Rehabilitation: Assessment & Treatment Strategies for Older Adults," OccupationalTherapy.com, Houston, TX. (January 4, 2017).
- Continuing Education Program, "Meeting the Driving and Community Mobility Needs of Older Adults," OccupationalTherapy.com, Houston, TX. (January 4, 2017).
- Continuing Education Program, "Florida Occupational Therapy Laws and Rules," OccupationalTherapy.com, Houston, TX. (December 28, 2015).
- Continuing Education Program, "Prevention of Medical Errors," OccupationalTherapy.com, Houston, TX. (December 27, 2015).