

**FACULTY NAME:** Max A. Ito, Ph.D., OTR/L

### **EDUCATION**

Ph.D. Higher Education Administration,  
The University Of Texas At Austin 1994

M.S. Adult and Occupational Education,  
Kansas State University 1981

B.S. Occupational Therapy  
University of Oklahoma, 1977

### **AREAS OF PROFESSIONAL AND SCHOLARSHIP INTEREST**

Orthopedics and hand rehabilitation

Adult hemiplegia

Ergonomics

Administration

Research interests in physical activity and task performance, environmental factors and task performance, home modification and safety/health.

### **PUBLICATIONS**

Watson A. H., Ito M. A., Smith R. O., & Andersen, L.T. (2010). Effect of assistive technology in a public health school setting. *American Journal of Occupational Therapy*, 64, 180-29.

Priganc, V. W., & Ito, M. A. (2008). Changes in edema, pain, or range of motion following manual edema mobilization: a single case study. *Journal of Hand Therapy*, 21(4), 326-335.

Colon, W. I., Rodriguez, C., Ito, M., & Reed, C. N. (2008). Psychometric evaluation of the Spanish version of the Children's Assessment of Participation and Enjoyment and Preferences for Activities of Children. *Occupational Therapy International*, 15(2), 100-113.

Hilton, C., Wente, L., LaVesser, P., Ito, M., Reed, C., & Herzberg, G. (2007). Relationship between motor skills impairment and severity in children with Asperger syndrome. *ScienceDirect: Research in Autism Spectrum Disorders*. 1, 339-349.

Evans, R., Scoville, C., Ito, M. A., & Mello, R. P. (2003). Upper body fatiguing exercise and shooting performance. *Military Medicine*, 168(6), 451-6.

Sharp, M. A., Patton, J. F., Knapik, J. J., Hauret, K., Mello, R. P., Ito, M. A., & Frykman, P. N. (2002). A comparison of the physical fitness of men and women entering the US Army during the years 1978-1998. *Medicine Science in Sports & Exercise*, 34(2), 356-63.

Kornblau, B. L., Ito, M. & Kasyan-Itzkowitz, P. (2005). Functional capacity evaluation. In R. S. Weiner, (Ed.), *Pain management: A practical guide for clinicians* (pp. xx-xx). Boca Raton, FL: CRC Press

Ito, M. A., Scoville, C. R., Mello, R. P., & Evans, R. (2000). Upper body fatiguing exercise and shooting performance. USARIEM Technical Report.

Sharp, M. A., Knapik, J. J., Patton, J. F., Smutok, M. A., Hauret, K., Chervak, M., Ito, M. A., Mello, R. P., Frykman, P. N., & Jones, B. H. (2000). Physical Fitness of Soldier Entering and Completing Basic Combat Training. USARIEM Technical Report T0013, March 2000.

### **PRESENTATIONS**

Kornblau, B., & Ito, M. A. (2006). *Assessing maximal effort are these tests really valid and reliable?* Short course presented at the American Occupational Therapy Association Conference, Charlotte, NC.

Ito, M. A., Sharp, M. A., Johnson, R. F., & Merullo, D. (2000). *Rifle shooting accuracy during recovery from fatiguing exercise*. Proceedings of the 22nd Army Science Conference. Baltimore, MD.

Ito, M. A., Sharp, M. A., Johnson, R. F., & Merullo, D. (2000). *Rifle shooting accuracy during recovery from fatiguing exercise*. Presentation at the 22nd Army Science Conference. Baltimore, MD.

Ito, M. A., Frykman, P.N., Moore, L. H., O'Brien, C., & Sharp, M.A. (2001). *Pre- and post-Arctic Ocean 2000 expedition hand assessment*. Proceedings of the American College of Sports Medicine 48<sup>th</sup> Annual Meeting.

Ito, M. A. (1999). *Body composition changes among US Army trainees with high and low percent body fat*. Presentation at the 1999 American College of Sport Medicine Annual Conference.

### **GRANTS**

U.S. Army University Affiliation for a Degree of Doctor of Science in Occupational Therapy. Contract # W81K04-08-T-0013 (2008). Awarded but withdrawn by NSU, May 2008.

### **PROFESSIONAL ACTIVITY**

The American Occupational Therapy Association member, 1976 to present

Florida Occupational Therapy Association, 2004-present

Board of Directors member, Rebuilding Together, Broward County, Inc., 2011 to present

American College of Sports Medicine member, 1999- 2003

**AWARDS**

Army Commendation Medals, 1980 & 1981

Meritorious Service Medal, 1991 & 1997

American Occupational Therapy Association Service Award, 1998

Golden Apple Award (2005 & 2010) presented by the NSU MOT Classes

The Honor Society of Phi Kappa Phi

Kappa Delta Pi International Honor Society